

# Filling “Standard” AQUABOXES

This is a recommended basic packing list of humanitarian aid items for inclusion in a **Standard Aquabox**.

## Essential

- **Bucket - Strong plastic, rubber or canvas**

## Hygiene

- 4 new toothbrushes
- Toothpaste (two large tubes)
- Tablets of soap (at least 4)
- Washing powder or flakes (hand wash only)
- Packs of cotton wool
- Sanitary pads
- Kitchen rolls (1 plus)
- Hairbrush/comb

## For the baby

- Vests
- Baby Grows
- Towelling nappies (4 if possible) + nappy pins or hemmed squares of towelling. NOT DISPOSABLE NAPPIES
- Plastic pants
- Feeding bottle or cup
- Safety Pins
- Cotton Material e.g. Cotton Sheets (for general use)

## Eating and Drinking

- Large cooking pan (preferably new)
- 4 bowls & 4 cups (unbreakable, e.g. robust plastic or metal)
- 4 each metal spoons, forks & knives
- Scissors - kitchen quality
- Can opener

## General Support

- Child's small toy(s) (Ball or fluffy toy)
- Needle and cotton (strong)
- Small strong torch & batteries in sealed pack
- 6+ candles & safety matches
- Children's/teenagers toys
- Pencils and paper
- Insulation tape
- Ball of string
- Roll of plastic sacks (garden)

## For Shelter

- Hammer & large number of 50mm + nails
- Galvanised staples (Large, 15mm plus)
- Pliers
- Strong folding knife
- Rope (20+ metres rope washing line)
- Garden wire (2mm x 20m plus)
- Screwdriver and matching screws (cross or slot head)
- Hand trowel or small shovel
- Groundsheet

## Clothing

(please include general clothing to help stabilise primary contents only)

- Lightweight waterproofs - Plastic Macs, jackets or cagoules
- Baby/children's clothes

## Re Sleeping Items

- **No Blankets Please** (too bulky) and we provide 4 survival bags with each box i.e. Blankets take up too much room.

## Notes:

**PLEASE PLACE EVERYTHING INSIDE THE LARGE PLASTIC BAG PROVIDED WITH THE BOX, INCLUDING THE FILTER PACK, IN ORDER TO PROTECT THE CONTENTS WHEN THE BOX IS LEFT STORED OUT IN THE OPEN**

Please give thought to the packing of the box in order to maximise the space available and ensure they are full with items that will not move in transit while keeping the overall weight to below 25 kg.

**PLEASE DO NOT SUPPLY ANY FOOD ITEMS, MEDICINES, CROCKERY OR BLANKETS**

**AQUABOX**  
*A Gift of Life*